



## **News Letter**

January 2023

Hello, there!

We have exciting news to share with you all .....

Brand new research from Pitchup, has revealed Farm and Fell is in the top 20 best campsites to boost your mental wellbeing in 2023.

The data was determined by analysing and compiling a list of all reviews on the site that contained words linked to improved mental health and wellbeing.







## Camping, Mental Health and Farm & Fell

Research shows that viewing natural improve mood and scenery can reduce stress - the post-Christmas blues, cold dark nights, and seemingly never-ending weeks until payday are all factors which have led to January being cited as one the gloomiest months of the year. Now is the time to book your holidays, give yourself and your family something to look forward to.









Here at Farm & Fell we understand the importance of creating lasting happy memories.

We also understand that the cost of living is weighing heavy on everyones mind.

We would like to remind everyone that we offer payment plans tailored to you, for Easter and May Bank Holiday bookings.





## Loads to look forward to in 2023







Bookable activities, such as:
Lambing Live
Guided Walks
Feed The Farm Animals

Reception, New Barn Cafe, Bar, Entertainment and Bouncy Castle provide the ideal evening and indoor activities

We have New Toilet and Shower Blocks

New Quiet Camping field's, Group Camping Field's and Gravel Campervan Pitches

Easter Bank Holiday Activities:

Easter Egg Hunt
Egg Painting
Competions
Egg Rolling



